# US Medical Device Clearance Process

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#### Disclosures

•NIH
•U10 NS 086494 (PI) NorCal RCC
•U10 NS058931 (Co-PI) NETT
• Consultant or stock ownership:
• Ornim
•DSMB: Covidien (SWIFT-Prime), Stryker (DAWN)

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#### **US Device Clearance Process**

#### Objectives

- Be able to articulate the differences between drug approval and device clearance within the FDA
- Be able to explain how devices are cleared or approved
- Be able to explain the clinical research steps necessary for device clearance

## **FDA Mission**

- **Protect the public health** by assuring the safety, efficacy and security of human and veterinary drugs, biological products, medical devices, our nation's food supply, cosmetics, and products that emit radiation.
- Advance the public health to make medicines more effective, safer, and more affordable
- **Regulate the manufacturing**, marketing and distribution of **tobacco** products to protect the public health and to reduce tobacco use by minors.
- Ensure the security of the food supply and by fostering development of medical products to respond to deliberate and naturally emerging public health threats.



## FDA Organization (partial)

#### CDRH

Center for Devices and Radiological Health

## CDER

Center for Drug Evaluation and Research

## To sell a drug in the US

- You need FDA drug approval for a specific indication through CEDR
  - Drug must safe and effective
  - Drug manufacturing and distribution is regulated
  - Exceptions (dietary supplements)
  - Companies cannot sell/market a drug that is not approved for the specific indication

## To sell a drug in the US

- Drugs have a label that says what it is approved for and instructions on how to dose it
  - IV t-PA had a label change in 1996 for use in acute ischemic stroke for example
  - Off label use is at the discretion of the medical provider
  - Marketing off label use is illegal

## To sell a drug in the US

- Orphan drug use
  - Approved for rare diseases
  - Barrier to approval is less, and therefore the expense is less
  - Some pharmaceutical companies specialize in orphan drugs

#### **Device Clearance**

- A medical device is cleared for use <u>by a</u>
   <u>trained medical professional</u> by CDRH
  - The device must be safe
  - It needs to effective in doing something, and something is not necessarily a clinical endpoint
  - the least burdensome rule
- The FDA cannot approve a medical professional

## Summary: Drugs vs. Devices

#### Drugs

- Approved
- 2 randomized trials with clinical outcomes
- Little post-marketing interaction with prescriber (other than advertising)
- The label may be ignored by prescribing physician
- Reimbursement may be linked to disease

#### Device

- Cleared or Approved
- Least burdensome rule of clearance: surrogate outcomes, randomized or registry, single trial okay
- Intimate manufacturer involvement post marketing (training and advertising)
- Training rules are consistent with IFU
- Reimbursement becoming more linked to disease

## **Device Approval or Clearance**

- Follows 3 pathways
  - Premarket Approval (PMA)- Approval pathway
    - Used for new devices not yet tested in man
    - Reasonable assurance the device is safe
    - Higher risk devices
    - Longer, more expensive
  - Premarket Notification (510-K)- Clearance Pathway
    - The device seeking clearance must be substantially equivalent to something that is already cleared
    - May not need even need clinical data (in vitro data may be sufficient)
  - HDE (humanitarian device exemption)

#### **Device Clearance**

- Premarket Notification (510-K)
  - Applicant claims that the device is substantially equivalent in the 510-K application
  - If the FDA agrees, the device is cleared
  - The FDA may request a PMA
  - The FDA may decline and ask for further data

## Non-Significant Risk Device

- Does not meet all of the following:
  - implant and presents a potential for serious risk to the health, safety, or welfare of a subject;
  - Is for use supporting or sustaining human life and presents a potential for serious risk to the health, safety, or welfare of a subject
  - Is for a use of substantial importance in diagnosing, curing, mitigating, or treating disease, or otherwise preventing impairment of human health and presents a *potential for serious risk to the health, safety, or welfare of a subject*;
  - Otherwise presents a potential for serious risk to the health, safety, or welfare of a subject.

#### **Example of Cleared Devices**

- PFO occlusion for stroke prevention
- MERCI retriever
- Simvisc





A. Cartilage wears away D. B. Bone spurs may develop C. Joint fluid breaks down

#### **Example of Cleared Devices**

- Simvisc
- Cleared as a medical device



A. Cartilage wears away D. Synvis B. Bone spurs may develop C. Joint fluid breaks down

## **Example of Cleared Devices**

- PFO occlusion for stroke prevention
  - Label goal was stroke prevention
  - HDE path
  - Slow recruitment
  - HDE withdrawn
  - Trials finished quickly



 Ineffective; now effective and cleared for stroke Oct 2016

- Retriever was already approved as a foreign body retriever
- Clot removal was considered substantially equivalent to foreign body retrieval
- 510K process for clot retrieval undertaken with the MERCI retriever as the predicate

- MERCI Trial
- Prospective, single arm intervention
- Outcome: recanalization



- Primary outcome met: 48% recan vs. 18% historical control
- Secondary: much better outcome if vessel opened



- Data presented to advisory panel
- Subsequent data led to clearance in 2004



- Second gen devices 510K clearance using MERCI as predicate
- TREVO/Solitaire randomized trials showed stent-trievers better



#### Future

- Movement toward proving devices (in trained hands) are clinically effective
- CMS beginning to only reimburse for devices being used in a clinical trial of efficacy

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