



UPMC Stroke Institute
Department of Neurology
University of Pittsburgh School of Medicine
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ACUTESTROKEMANAGEMENT 12th Annual Conference for Nurses

Course Directors

Benjamin K. Morrow, MSN, RN
Eileen Roach, MSN, RN

Friday, April 21, 2017

Hilton Garden Inn • Pittsburgh/Southpointe

ACUTESTROKEMANAGEMENT 12th Annual Conference for Nurses



Friday, April 21, 2017

Hilton Garden Inn • Pittsburgh/Southpointe
Canonsburg, Pennsylvania

UPMC LIFE
CHANGING
MEDICINE

*Sponsored by University of Pittsburgh School of Medicine,
Center for Continuing Education in the Health Sciences, and
Stroke Institute, Department of Neurology*

Introduction

The **12th Annual Acute Stroke Management Conference** is designed to provide the most recent advances in stroke care for nurses and health care providers including physical, occupational, and speech therapists. This event is held annually to assist with educational requirements of nurses who work at TJC stroke certified centers and to provide education to health care professionals who care for stroke patients.

Objectives

- Differentiate between the three types of The Joint Commission Accredited stroke centers
- Summarize the diagnostic testing used in the management of the acute stroke patient
- Discuss the risk/benefit ratio of mechanical thrombectomy
- Assess how a mobile stroke unit is used to impact the time between stroke symptom onset and delivery of IV tPA
- Identify two ways to improve acute stroke treatment and patient outcome
- List the inclusion and exclusion criteria for administering IV tPA for acute ischemic stroke
- Explain three challenges a rural stroke center encounters in patient treatment and higher level of care transfer
- Integrate the acute stroke patient's needs post-hospital discharge with barriers to follow-up care
- Describe the hospital experience and the post-stroke challenges patients and caregivers encounter

Continuing Education Credit

UPMC Provider Unit is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

To receive **6.5** Contact Hours, the participant **MUST** attend the entire activity and complete the activity evaluation. No partial hours/credits will be awarded.

Who Should Attend

This one-day conference is geared towards nurses and other health care professionals who are affiliated with neurology, emergency medicine, neurosurgery, physical therapy and occupational therapy and are working with patients from pre- through post-acute stroke care.

Course Faculty

Course Directors

Benjamin K. Morrow, MSN, RN
Program Director
UPMC Stroke Institute
Pittsburgh, PA

Eileen Roach, MSN, RN
Quality Nurse Coordinator II
UPMC Stroke Institute
Pittsburgh, PA

Guest Faculty

Wendy J. Smith, BS, MA, RN, MBA, SCRN
Enterprise Stroke System Manager
Neurological Institute, Cleveland Clinic
Cleveland, OH

Invited Faculty

Ken Coval, BSN, RN
Nurse Manager, Outpatient Clinic
UPMC Stroke Institute
Pittsburgh, PA

Francis X. Guyette, MD, MS, MPH, FACEP
Associate Professor of Emergency Medicine
University of Pittsburgh School of Medicine
Medical Director, STAT MedEvac
Pittsburgh, PA

Tudor G. Jovin, MD
Professor of Neurology and Neurosurgery
University of Pittsburgh School of Medicine
Director, UPMC Stroke Institute
Pittsburgh, PA.

Sarah Kain, MSN, RN, PCNS
Senior Professional Care Manager
UPMC Mercy
Pittsburgh, PA

Beverly Lawton, MSN, RN
Unit Director, Critical Care
Stroke Program Coordinator
UPMC Northwest
Seneca, PA

Jody Manners, MD
Graduate Medical Resident III
Department of Neurology
University of Pittsburgh School of Medicine
Pittsburgh, PA

Gregory Walker, MD
Vascular Neurology Fellow
University of Pittsburgh School of Medicine
Pittsburgh, PA

Lindsay Walker, CRNP
Nurse Practitioner, Outpatient Clinic
UPMC Stroke Institute
Pittsburgh, PA

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

Schedule — Friday, April 21, 2017

- 7:45 am Conference Overview
- 8:00 am **So Many Choices ... Stroke Center Triage and Pre-Hospital Management**
Francis X. Guyette, MD, MS, MPH, FACEP
- 8:30 am **What a Picture! Neuro Imaging and Acute Stroke Treatment**
Jody Manners, MD
- 9:15 am **Endovascular Therapy: It Is More Than Just a Catheter Choice**
Tudor G. Jovin, MD
- 10:00 am BREAK
- 10:30 am **Fast and Furious: Taking Stroke Care to the Streets with the Mobile Stroke Unit (MSTU)**
Wendy J. Smith, BS, MA, RN, MBA, SCRNP
- 11:15 am **Buried Treasures ... Unique Clinical Vignettes**
Gregory Walker, MD
- Noon LUNCH
- 1:00 pm- **Updated tPA Guidelines: Expanding the Opportunity for Good Outcomes**
Benjamin K. Morrow, MSN, RN
- 1:30 pm **Discharge and Community Based Follow-up: Now the REAL Work Begins!**
Lindsay Walker, CRNP and Sarah Kain, MSN, RN, PCNS
- 2:15 pm BREAK
- 2:30 pm **Wait Until You See What We Can Do: Capabilities of a Rural Stroke Center**
Beverly Lawton, MSN, RN
- 3:00 pm **Stroke Survivor Panel — What Is Life Really Like After Stroke?**
Moderator: Ken Coval, BSN, RN
- 3:45 pm Questions and Answers
- 4:00 pm Conference Adjournment

Registration Information

Early Registration ▪ \$85 ▪ On or before **April 6, 2017**

*Early Registration is **online only**.*

Late Registration ▪ \$100 ▪ After **April 6, 2017**

*Late Registration is **paper only** — see bottom of page.*

On-Site Registration ▪ \$100

Registration fee includes:

- Continuing education credit
- Registration and course materials
- Continental breakfast and lunch

How to Register Online

1. Visit our online registration site at <https://ccehs.upmc.com/liveFormalCourses.jsf>
2. Select course listed by date.
3. Click the Registration button and enter all the requested information (including an email address) and follow the prompts to submit your registration after entering your payment information.
4. You will receive an immediate e-mail confirmation.
5. Print the e-mailed confirmation for your records. It is recommended to bring this print-out with you to the conference. If you do not receive this confirmation, contact us at **(412) 647-8232**.

Paper Registration for Sponsored Attendees and Late Registration

UPMC employees whose registration fee will be remitted via journal transfer and late registration attendees should request the paper registration form. Contact Holly Kromer at strokeconf@upmc.edu for more information.

Registration Information (continued)

Cancellation: All cancellations must be in writing and sent to us via U.S. mail, email, or fax. Tuition for cancellations postmarked or date stamped before **April 1, 2017** will be completely refunded. No refunds will be made after **April 1, 2017**. Cancellation requests can be made to:

Holly Kromer

UPMC Stroke Institute

200 Lothrop Street • C-400, PUH • Pittsburgh, PA 15213

Telephone: (412) 647-2754 • Fax: (412) 647-8445

Email: strokeconf@upmc.edu

Special Needs

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs *at least two weeks in advance* of the program by contacting Holly Kromer via email: strokeconf@upmc.edu or by telephone: (412) 647-2754.

***Room temperature can vary and be difficult to control;
please dress accordingly to maintain your comfort.***

Meeting Location

The conference will be held at the **Hilton Garden Inn, Pittsburgh/Southpointe and Southpointe Conference Center**, 1000 Corporate Drive, Canonsburg, PA 15317; Phone (724) 743-5000. The hotel will offer ASM guests, based on availability, a discounted room rate of \$129.00 plus 9% applicable state and local taxes. Please note there is NO hotel room block but a discounted room rate based on availability. To receive this rate please mention you will be attending the ASM conference.

Visit the Center for Continuing Education in the Health Sciences Web Site

Our Internet address is: <https://ccehs.upmc.com>

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