***“Creating The Next Generation of Stroke Researchers Amongst Our Early Career Investigators”***

**Day 1 Friday 4th December (CET start 1300 – see below for other times)**

| **Time Topic Lead(s)** | | |
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|  | **Introductions & Meeting objectives** | Julie Bernhardt |
| **40 mins** | **EDUCATION SESSION 1: Global Trial Network Resources for Early Career Investigators - What Exists That Can Help You?**  **Overview From Several Networks CHAIR -** Julie Bernhardt | |
| 6 mins | GAINS & Stroke Net | Andrew Demchuk |
| 6 mins | ESOTA | Robin Lemmens |
| 6 mins | Early Career Professional Committees | Diana de Sousa |
| 6 mins | Emerging Country Perspective - Brazil | Sheila Martins |
| 15 mins | Q & A **LIVE** | |
| **Quick break** | | |
| **40 mins** | **EDUCATION SESSION 2: Roadmap To Becoming A Successful Stroke Clinician Scientist CHAIR -** Else Sandset | |
| 8 mins |  | Rustam Al-Shahi Salman |
| 8 mins | My own journey- what worked, what I should have done differently | Shelagh Coutts |
| 8 mins |  | Bruce Campbell |
| 16 mins | **LIVE** Discussion |  |
| **Quick break** |  | |
| **60 mins** | **MENTORING SESSION 1 (LIVE)**  **Becoming An Independent Researcher**  **Workshop Key Challenges for Early Career Researchers CHAIR -** Diana de Sousa | |
| 20 mins | Working with a mentor – Conversation between mentor/mentee -**Joe Broderick & Pooja** **Khatri** | |
| 40 mins  **(or until questions end)** | **Breakout Session #1 – Select one topic for discussion**  **(PLAN for ZOOM breakout rooms for smaller groups to attend)**   * Protecting your research time & negotiating salary support for research * Getting your first grant, building your funding * Work life balance * Saying NO and saying Yes – how to choose * Building your research network * Navigating becoming and independent researcher – moving from first to last author | Mentors will guide these sessions  (earlier & later stage – 2 per session) |
|  | **TOTAL TIME DAY 1 ~ 2 hours 30 mins** |  |
| **Day 2 Saturday 5th December** | |  |
| **60 mins** | **EDUCATION SESSION 3: Inspirations From Global Stroke Researchers CHAIR -** Dar Dowlatshahi | |
| 30 mins | Lessons from failed trials | Chris Diener |
| 15 mins | Working across multiple centres or countries | Sandy Middleton |
| 15 mins | Q & A |  |
| **Quick break** |  |  |
| **80 mins** | **MENTORING SESSION 2 (LIVE)**  **Research Project Presentations and Critique CHAIR –** Ye Liu  **Breakout Session #2** |  |
|  | Individual participants are invited to pitch their research ideas/study designs if they wish to receive friendly constructive feedback from a group of mentors with similar research theme interests. Organized into smaller groups by themes:   * Hyperacute ischemic stroke * ICH * Prevention * Stroke Recovery and nursing * Imaging * Omics * Epidemiology, cohorts and big data | Mentors will support these sessions |
| 5 minutes | Brief wrap up | Andrew Demchuk |
|  | **TOTAL TIME DAY 2 = 2 hours 35 minutes** |  |

**Start and estimated end times both days examples for different regions**

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| **1300 – 1530 (CET)** | **2000 – 2230 (CST)** |
| Central Europe | China and similar regions |
| **0700 - 0930 (EST)** | **1400 – 1630 (SAST)** |
| East Coast Canada and East Coast USA | South Africa and similar regions |
| **0900 – 1130 (BRT)** | **1200 – 1230 (GMT)** |
| South America | UK |
| **1730 -2000 (IST)** | **2300 – 0130 (AEDT)** |
| India and similar regions | East coast Australia |