Sleep SMART

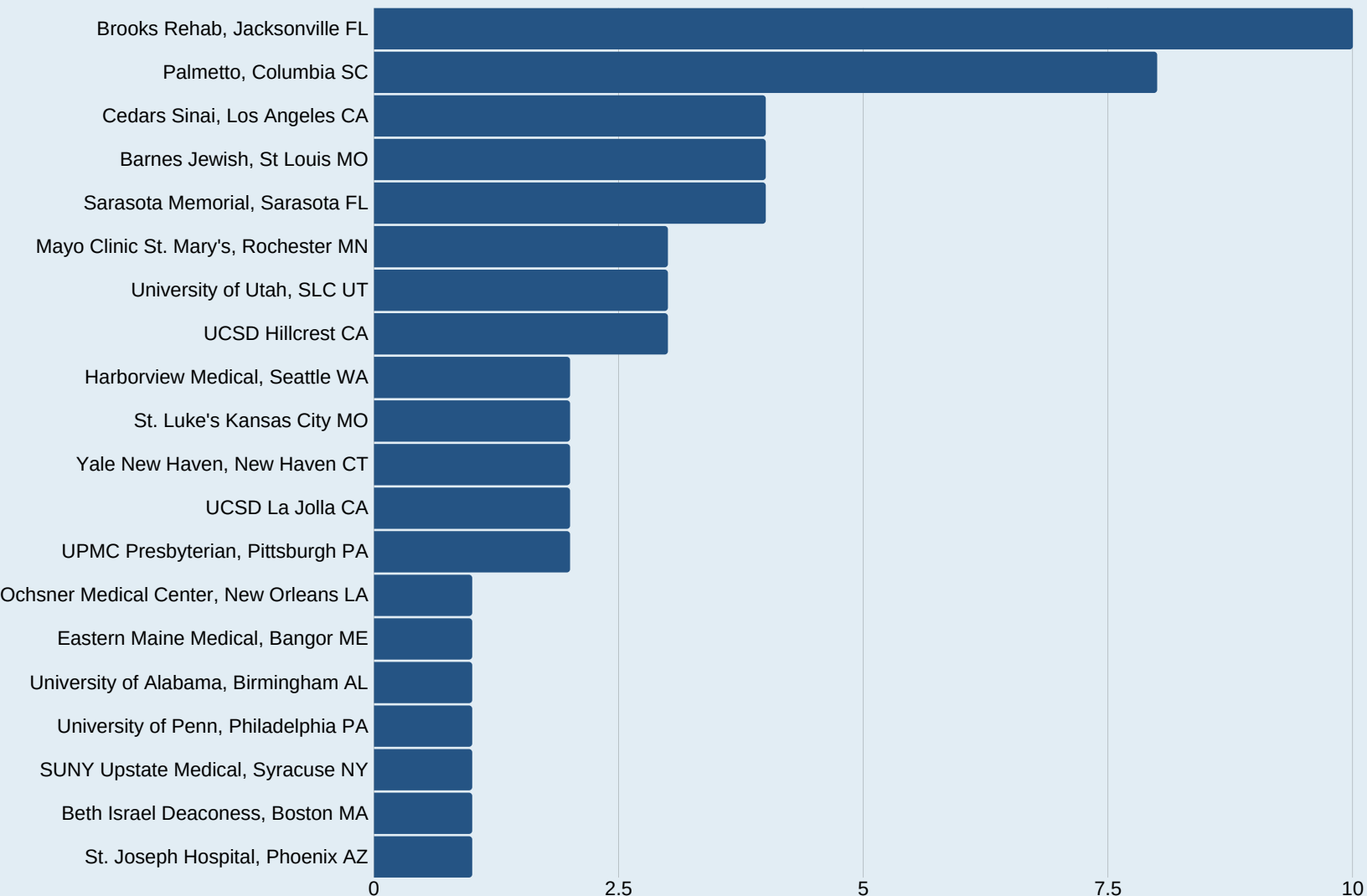# SLEEP SMART NEWSLETTER

Sleep for Stroke Management and Recovery Trial

Current Randomizations! Thanks to all sites for your hard work!

Site	Randomizations
Brooks Rehab, Jacksonville FL	10
Palmetto, Columbia SC	8
Cedars Sinai, Los Angeles CA	4
Barnes Jewish, St Louis MO	4
Sarasota Memorial, Sarasota FL	4
Mayo Clinic St. Mary's, Rochester MN	3
University of Utah, SLC UT	3
UCSD Hillcrest CA	3
Harborview Medical, Seattle WA	2
St. Luke's Kansas City MO	2
Yale New Haven, New Haven CT	2
UCSD La Jolla CA	2
UPMC Presbyterian, Pittsburgh PA	2
Ochsner Medical Center, New Orleans LA	1
Eastern Maine Medical, Bangor ME	1
University of Alabama, Birmingham AL	1
University of Penn, Philadelphia PA	1
SUNY Upstate Medical, Syracuse NY	1
Beth Israel Deaconess, Boston MA	1
St. Joseph Hospital, Phoenix AZ	1

Please visit our Sleep SMART website to find helpful study-related materials: https://www.nihstrokenet.org/sleep-smart-trial/home

Keys to Enrollment Success- Brooks & Utah's Experience

At Brooks Rehabilitation, we believe a combination of human and organizational factors working in synchrony is critical for achieving success in research recruitment. The 4 factors we identify as fundamental to our recruitment efforts are culture, teamwork, process, and communication.

A culture that supports research and is willing to embrace the challenges of new studies and innovations is the foundation of our strategies and success. This includes both Brooks personnel and the patients we serve. Innovation is one of the core values of our organization and supporting or participating in research efforts is just one way this value is demonstrated. A small luncheon with the team is nice and easy way to bond and improve engagement.

Teamwork is essential to quality health care, and this is especially evident in rehabilitation medicine. Our physicians, therapists, nurses, patients, and research personnel understand the importance of working collaboratively to achieve shared goals, especially those that have to potential to help improve patient outcomes. Because our organization values research as an important means of improving patient outcomes, support and encouragement from leadership allow us to work together to ensure success. Early on for the SleepSMART study, we engaged respiratory therapy and nursing leadership to explain the importance of the study and help identify how each team could best participate.

Designing and implementing effective processes, and then refining these processes over time are critical to the success of recruitment. At Brooks we utilize a 3-tier recruitment strategy focused on active, passive, and referral strategies. What we find most successful is the diligence of screening patients daily and engaging patients/families early. We also utilize a project management system to track key information and meet regularly to review and refine our processes. We also have a dedicated e-mail distribution list of all team members in the study and notify of any new subject or any barriers.

Communication is a universal key to success, and is the common thread that runs through our strategies. We utilize technologies such as email distribution lists, web conference software, and our project management tool to provide easy access to information in a variety of ways. For ease of recruitment, we use iPads to show patients/families the study videos. These technologies are only effective because of the responsiveness of the individuals involved in the study and their willingness to identify issues, suggest new ideas, and respond to questions in a timely manner.

In summary, our Brooks team identifies these key 4 factors for successful recruitment:
• **Culture**: high level of engagement by all team members, high level of support for all team members from leadership
• **Teamwork**: shared mission, collaborative working environment, high individual accountability
• **Process**: effective project management (screen patients on night of admit), centralized tracking system accessible by all team members, e-mail notification of any new subject, respiratory therapists competency, research team presence in hospital
• **Communications:** dedicated e-mail distribution list, iPad to show patients/families videos, , prompt team meetings as needed

At Utah being proactive in the screening process, and having a full scope of a patient's history and current status is the first major hurdle we have to overcome. Having enough time so that patients are not rushed to decide, while still giving us enough in-hospital stay to complete screening requirements, is key. Having the screening process be as smooth and quick as possible helps us know where the patients stand and helps us to know what the patient's possible barriers are. Collaborative team-work (MD-coordinator) is an absolute must when screening potential SleepSMART patients.

We have different personalities here, and that allows us to give patients with different levels of understanding and needs many ways to meet us where they're comfortable. We can get buy-in and understanding from many different patients by creating a strong relationship based on trust from the get-go. Having experts like the Respiratory Therapists available to answer questions helps immensely. Making sure people are properly educated, whatever that means for each person, is a great tool to keep people engaged.

Reminders

- There are separate FusionHealth MOPS from the Sleep SMART MOP. Please use these to help you with KOEO, setting up the Nox T3, & completing the CPAP run in night.
- You should **not** be entering PHI when you configure the Nox T3 in KOEO. You should be entering First Name: Sleep SMART, Last Name: [Subject ID], DOB: 1/1/1900, Identification: [Subject ID].
- If you receive a rejection on F101 Q01 for putting in an age under 18 years old, then they need to update the age in [Subject Enrollment], not just dismiss the Protocol Violation.
- Those who decline informed consent should be logged into WebDCU under Study Progress tab > Screen Failure Report.
- Please review the Data Collection Guidelines for Sleep SMART located in project documents in WebDCU for how to complete the CRFs. This provides great information on how to complete the CRFs and should be the first place you look when you are not sure how to complete a form.
- As a reminder, please respond to all queries and dismiss all rule violations for your site! Also, remember to both save and submit CRFs.
- Have webinar ideas or topics you want to see covered? Let us know!

Next Webinar

October 21st, 1-2 PM ET. Calendar Invites will be sent soon

FusionHealth T3 reading times ET

Mon-Fri: 5 am, 11 am, 5 pm, 10 pm
Sat/Sun: 10 am, 4-6 pm

Sleep SMART Randomization Awards

Thank you for all that you do for Sleep SMART. Although we are unable to show our gratitude adequately for all of your efforts, we have decided to implement some additional methods for recognition. After the end of each year, **we will now provide awards for the 5% of active sites that randomize the most Sleep SMART subjects in that calendar year.** Not only does this afford bragging rights and a certificate, but also, you can place this on your CV. Three certificates will be awarded to each qualifying site: Site PI, Primary study coordinator, and one for the site overall.

Let the randomizations continue!

Eligibility questions: 9am to 8pm ET: sleepsmart@umich.edu
Fusionhealth (Nox T3, KOEO, aCPAP, Masks): 9am to 5pm ET: 1-888-505-0280 ext 4006
WebDCU emergency randomization hotline: 1-866-450-2016
Project Managers: Kayla Novitski kcgossel@med.umich.edu and Joelle Sickler sicklejb@ucmail.uc.edu
WebDCU help: Faria Khattak khattak@musc.edu and Jocelyn Anderson anderjoc@musc.edu

Legend: 🟩 = Open to Enrollment (green), 🟦 = in progress (blue), blank = none

Sites	FH DUA	FH Consignment	CTA	CIRB Approval
R01 Case Western Reserve University				
Mercy Health - St. Vincent Medical Center	🟦	🟦	🟦	🟦
Cleveland Clinic, Cleveland	🟦	🟦		🟦
UH Cleveland Medical Center	🟦	🟦	🟦	🟦
Spectrum Health Hospitals Butterworth Hospital	🟦	🟦	🟦	🟦
MetroHealth Medical Center				
Ruby Memorial Hospital	🟩	🟩	🟩	🟩
R02 Columbia University				
NYP Columbia University Medical Center	🟦	🟦	🟦	🟦
Buffalo General Medical Center	🟦	🟦	🟦	🟦
SUNY Upstate Medical University	🟩	🟩	🟩	🟩
Strong Memorial Hospital	🟦	🟦	🟦	🟦
R03 Emory University				
Grady Memorial Hospital	🟦		🟦	
R04 Massachusetts General Hospital				
Beth Israel Deaconess Medical Center	🟩	🟩	🟩	🟩
Massachusetts General Hospital	🟦	🟦	🟦	🟦
Tufts Medical Center	🟦	🟦	🟦	🟦
Eastern Maine Medical Center	🟩	🟩	🟩	🟩
Baystate Health				
Brigham and Women's Hospital	🟩	🟩	🟩	🟩
Boston Medical Center	🟦	🟦	🟦	🟦
R05 Medical University of South Carolina				
Greenville Hospital System			🟦	🟦
Palmetto Health Richland	🟩	🟩	🟩	🟩
Guilford Neurologic Associates (Moses Cone)	🟩	🟩	🟩	🟩
MUSC University Hospital	🟦		🟦	🟦
R06 MedStar Health Research Institute				
University of Maryland	🟦	🟦	🟦	🟦
George Washington University	🟦	🟦	🟦	🟦
UVA Medical Center	🟩	🟩	🟩	🟩
R07 Icahn School of Medicine at Mount Sinai				
NYU Langone- Tish Hospital Medical Center	🟩	🟩	🟩	🟩
Maimonides Medical Center	🟩	🟩	🟩	🟩
Montefiore Medical Center	🟩	🟩	🟩	🟩
R08 Northwestern University				
Loyola University Medical Center	🟩	🟩	🟩	🟩
University of Illinois Hospital and Health sciences	🟩	🟩	🟩	🟩
Northwestern Memorial Hospital	🟦	🟦	🟦	🟦
Medical College of Wisconsin	🟦	🟦	🟦	🟦
Rush University Medical Center	🟦		🟦	🟦
University of Chicago Medical Center	🟩	🟩	🟩	🟩
R09 The Ohio State University				
OSU Wexner Medical Center	🟦	🟦	🟦	🟦
R10 Stanford University				
Mercy San Juan Medical Center		🟦	🟦	
Oregon Health and Science University Hospital	🟩	🟩	🟩	🟩

Sites	FH DUA	FH Consignment	CTA	CIRB Approval
R11 University of California Los Angeles				
Cedars Sinai Medical Center	🟩	🟩	🟩	🟩
Kaiser Permanente Los Angeles Medical Center				
Ronald Reagan UCLA Medical Center			🟦	
UC Irvine				
UCLA Kaiser Fontana				
Hoag Memorial Hospital Presbyterian	🟩	🟩	🟩	🟩
R12 University of California San Diego				
UCSD Health La Jolla	🟩	🟩	🟩	🟩
UCSD Medical Center - Hillcrest	🟩	🟩	🟩	🟩
Dignity Health- St. Joseph Hospital	🟩	🟩	🟩	🟩
Chandler Regional Medical Center	🟩	🟩	🟩	🟩
Ochsner Medical Center	🟩	🟩	🟩	🟩
R13 University of California San Francisco				
John Muir Concord Campus	🟩	🟩	🟩	🟩
John Muir Walnut Creek Campus	🟩	🟩	🟩	🟩
UCSF Helen Diller Medical Center	🟦	🟦	🟦	🟦
Community Regional Medical Center of Fresno			🟦	
R14 University of Cincinnati				
University of Louisville Hospital	🟦	🟦	🟦	🟦
University of Cincinnati Medical Center	🟩	🟩	🟩	🟩
St. Elizabeth Edgewood			🟦	
Mercy Hospital Fairfield			🟦	
Christ Hospital			🟦	
The Jewish Hospital			🟦	
West Chester Hospital			🟦	
R15 University of Iowa				
University of Iowa Hospitals & Clinics	🟦		🟦	🟦
University of Nebraska Medical Center	🟦	🟦	🟦	🟦
Sanford Medical Center				🟦
St. Luke's Methodist Hospital	🟦	🟦	🟦	🟦
R16 University of Miami				
Jackson Memorial Hospital	🟦	🟦	🟦	🟦
UF Health Shands Hospital	🟦	🟦	🟦	🟦
Sarasota Memorial Hospital	🟩	🟩	🟩	🟩
Brooks Rehabilation Hospital	🟩	🟩	🟩	🟩
Tampa General Hospital	🟦	🟦	🟦	🟦
Mayo Clinic Jacksonville				
Baptist Hospital of Miami	🟦	🟦	🟦	🟦
University of Miami Hospital	🟦	🟦	🟦	🟦
R17 University of Michigan				
Detroit Receiving Hospital				
Henry Ford Hospital	🟩	🟩	🟩	🟩
Mercy Health Saint Mary's	🟩	🟩	🟩	🟩
University of Kentucky Hospital	🟩	🟩	🟩	🟩
McLaren Flint	🟦	🟦	🟦	🟦
R18 University of Minnesota				
United Hospital	🟩	🟩	🟩	🟩
Valley Baptist Medical Center - Harlingen				
University of Minnesota Medical Center	🟦	🟦	🟦	🟦
St. Cloud Hospital/Centracare	🟩	🟩	🟩	🟩
Southern Illinois University Memorial	🟦		🟦	
Mayo Clinic Hospital Rochester – St Mary's Campus	🟩	🟩	🟩	🟩

Sites	FH DUA	FH Consignment	CTA	CIRB Approval
R19 University of Pennsylvania				
Temple University Hospital	🟦	🟦	🟦	🟦
Hospital of the University of Pennsylvania	🟩	🟩	🟩	🟩
Robert Wood Johnson University	🟦		🟦	🟦
R20 University of Pittsburgh				
UPMC Presbyterian Hospital	🟩	🟩	🟩	🟩
St. Luke's University Hospital - Bethlehem Campus	🟩	🟩	🟩	🟩
UVMC Main Campus (Vermont)	🟦	🟦	🟦	🟦
R21 The University of Texas Health Science Center at Houston				
Memorial Hermann-Texas Med Center	🟩	🟩	🟩	🟩
University of Texas Southwestern			🟦	🟦
University Health Shreveport	🟦	🟦	🟦	🟦
R22 University of Utah				
Intermountain Medical				
St. Mary's Grand Junction CO			🟦	
Banner University Medical-Phoenix				
Banner University Medical-Tucson				
University of Utah Health	🟩	🟩	🟩	🟩
R23 University of Washington				
Evergreen Health Medical Center	🟦	🟦	🟦	🟦
Virginia Mason Medical Center	🟦	🟦	🟦	🟦
Harborview Medical Center	🟩	🟩	🟩	🟩
R24 University of Wisconsin				
University of Wisconsin University hospital	🟩	🟩	🟩	🟩
R26 University of Alabama at Birmingham				
UAB Hospital	🟩	🟩	🟩	🟩
University of Mississippi Medical Center				
R27 Wake Forest University				
Wake Forest Baptist Medical Center	🟩	🟩	🟩	🟩
Novant Health Forsyth Medical Center				🟦
Novant Health Presbyterian Medical Center			🟦	🟦
Mission Hospital				
R28 The Washington University				
Barnes-Jewish Hospital	🟩	🟩	🟩	🟩
OSF Saint Francis Medical Center	🟩	🟩	🟩	🟩
St. Louis University Hospital	🟦	🟦	🟦	🟦
Cox Medical	🟦	🟦	🟦	🟦
St. Luke's Hospital of Kansas City	🟩	🟩	🟩	🟩
University of Tennessee				
R29 Yale University				
Yale-New Haven Hospital	🟩	🟩	🟩	🟩
Hartford Hospital				
Staten Island University Hospital				
North Shore University Hospital				
No RCC				
UC Davis				
Geisinger Clinic PA				
Norton Healthcare				
SRA Lab Chicago				
Capital Health-NJ				

🟩 Open to Enrollment